



Farrell not only delivers letters, packages and emergency supplies to residents of six emerald-green islets, but he plays travel guide to sightseers along for ride, pointing out tidal currents, celebrity mansions, hidden harbours and apple orchards. Following Route 19, between Victoria and Campbell River, proved as ample as pot luck dinner at an Elks Club fund raiser. Harbours, inlets and towns dotted the eastern shore, some more scenic than others, but each with its fishermen's dock, sailboat slips, kayakers on the water and inviting green islets beyond. Wandering through Nanimo we ate lunch at Troller's Fish and Chips, a guidebook-recommended restaurant that took us 20

Wandering through Nanimo we ate lunch at Troller's Fish and Chips, a guidebook-recommended restaurant that took us 20 minutes to find, but that more than lived up to its reputation. Heading west toward Tofino and Ucluelet on Route 4, we stopped to explore Cathedral Grove, walking among the park's 300 to 800 year-old Doulas firs, hoary ancients that have been spared the loggers' saws.

The biggest surprise was the abundance of farm-fresh food, sold or served everywhere. When ice cream shops beckoned, we stop to sample their home-made flavours: peach, blueberry, funky chocolate, pumpkin nut, sassy cherry. Stalls in openair farmers' markets, set back under shade trees near the highway, displayed piles of vegetables, fruit, cheeses, breads, fish, cuts of meat and specialty jams and sauces.

For a week we hustled, going 16-7. But we shifted to neutral in Ucluelet, taking time to wander along the Wild Pacific Trail and to tour the town's unique learning-focused aquarium. Even our lodging, at Black Rock Resort, was a poster child for the latest in minimalist design, instantly soothing. Ensconced among white walls, plate glass and monochrome upholstery, watching the tide surge and ebb was almost obligatory.

In fact, the longer I watched the breakers rolling in, the harder it was to look away. As each wave rose, crested, curled over

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into a wall of foam, roared onto the rocks and slid in among the tree roots beneath the window, the easier it was to breathe deep.

Our most memorable evening in Ucluelet was at the resort's Fetch Restaurant, where we sat on the outdoor deck overlooking the ocean, ordered fresh halibut and a steak, and lingering over dessert, watched the twilight fade into night. But the reverie was short. At 6.30am the next morning we checked into Jamie's Whaling Station for a bear watching excursion.

Why so early? When the tide is out, exposing the muddy inter-tidal zone, the black bears come out of the forest to feed. Digging in tide pools and among exposed rocks and logs, the bears are easy to see. So with the sun still barely above the horizon our group of 12 was already cruising the bay, headed for the archipelago known as the Broken Islands. Soon the sun crested the trees, casting an eerie silver sheen over the bay, a photographer's surprise.

"Keep an eye out for green swales along the shoreline, open places between the trees," said our guide, Scott MacDonald, standing at the wheel. "Most are the sites of ancient Indian villages, but a few mark early homesteads. And those huge trees with the clumps at the top? Those are eagles' nests in 700 to 800 year-old trees. The birds reuse and rebuild the nests every year, which get bigger every century. They can weigh up to a tonne."

Closer to shore it was MacDonald who spotted the first black bear. For five minutes we bobbed on the water, watching him digging and chewing. Finally he looked up, sniffed the air, caught our scent and galloped away through the trees. "I'm glad to see he's wary," said MacDonald. "It's too easy for poachers to move in and get off a shot." Nearby a harbour

seal sunned on a rock, unafraid. Cruising into the shallows we spotted blue herons wading. In some places, huge rafts of bull kelp floated, long green strands supported by swollen air pods.

Noticing a group of cottages in a grassy opening, MacDonald said it was a Toquaht village named Macoah, occupying a traditional First Nations coastal site. Spotting a second bear prowling between a heap of fallen logs, the photographers screwed on their long lenses and snapped away. This bear saw the boat but kept on digging.

"See those fallen logs in the water and washed up on the beach?" asked MacDonald. We'd seen them, giant logs, all about the same length, washed into back water inlets. "Most of those fell off commercial ships. I built my house out of those things," he explained.

Back in Ucluelet, MacDonald apologised for finding just two bears, and those at a distance. That's OK, said somebody. Seeing the coast, the dozens of tiny islets, the kelp, the seals, the eagles' nests, was an unforgettable adventure. "But you know," said MacDonald, "the sad thing is that nature tours don't sell. Nobody signs up just to see nature. We've got to show them bears and whales. But once they're out there, they'll see what keeps us coming back. And that's what's worth it." — MCT



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